

Your Health



is important to us!

With news of the Coronavirus (COVID-19), we are proactively taking steps to ensure all of us stay healthy!



How Does It Spread?

It is carried through droplets, rather than dry air, which actually reduces the chance of contracting it just by being near someone who is infected.

Do You Have Any Signs Of The Virus?

Symptoms include cough, fever, chills, difficulty breathing and sore throat. If so, we'd love for you to stay home and get better!

What Are We Doing At Our Locations?

We are keeping spaces clean and also are asking employees to stay home if they feel unwell.

We are limiting the size of groups and using "social distancing".

We are increasing the use of telephonic/telehealth services.

Helpful Links:

CDC: <https://www.cdc.gov/coronavirus/2019-ncov/>

AHCCCS: <https://azahcccs.gov/AHCCCS/AboutUs/covid19.html>

Healthy Tips

Wash Hands

(20 seconds minimum with soap + water)

Avoid Direct Contact

(if individuals have symptoms of coughing, fever, or shortness of breath)



Cover Coughs + Sneezes

Use a tissue and then throw it in the trash

Disinfect Frequent Areas

Applies to frequently touched objects and surfaces



Resilient Health